Module Descriptor

Title	Reflective Practice		
Session	2026/27	**Status**	
Code	SWRK08013	**SCQF Level**	SCQF 8
Credit Points	20	**ECTS (European Credit Transfer Scheme)**	10
School	**Education and Social Sciences**		
Module Co-ordinator	P Gow		

Summary of Module

This module builds on the communication and interpersonal skills developed in Professional Communication Skills (Term 1). The module focuses on overarching themes of critical and self-reflection, alongside exploring aspects of self-care which are core to becoming resilient practitioners. Strategies to build resilience, mindfulness, and self–awareness will be explored. Personal reflection on strengths and areas for ongoing development will be required.

• Supports the development of critical reflection and capacity for critically evaluating inter-personal communication skills and use of self.

• Provides an enhanced understanding of professional resilience, cognitive bias and self-care skills.

• Develops a critical understanding of the role of power and commitment to anti-oppressive and anti-racist practice.

• Supports an emerging sense of professional identity and preparation for becoming a professional practitioner.

• Embeds the role of peer feedback in practice development.

Module Delivery Method	**On-Campus[1]**	**Hybrid[2]**	**Online[3]**	**Work -Based Learning[4]**
	☒	☐	☐	

[1] Where contact hours are synchronous/ live and take place fully on campus. Campus-based learning is focused on providing an interactive learning experience supported by a range of digitally-enabled asynchronous learning opportunities including learning materials, resources, and opportunities provided via the virtual learning environment. On-campus contact hours will be clearly articulated to students.

[2] The module includes a combination of synchronous/ live on-campus and online learning events. These will be supported by a range of digitally-enabled asynchronous learning opportunities including learning materials, resources, and opportunities provided via the virtual learning environment. On-campus and online contact hours will be clearly articulated to students.

[3] Where all learning is solely delivered by web-based or internet-based technologies and the participants can engage in all learning activities through these means. All required contact hours will be clearly articulated to students.

[4] Learning activities where the main location for the learning experience is in the workplace. All required contact hours, whether online or on campus, will be clearly articulated to students

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Campuses for Module Delivery	☐ Ayr ☒ Dumfries	☐ Lanarkshire ☐ London ☒ Paisley	☐ Online / Distance Learning ☐ Other (specify)	

Terms for Module Delivery	Term 1	☐	Term 2	☒	Term 3	☐
Long-thin Delivery over more than one Term	Term 1 – Term 2	☐	Term 2 – Term 3	☐	Term 3 – Term 1	☐

Learning Outcomes	
L1	Demonstrate knowledge and understanding of approaches to critical reflection on practice relevant to professional Social Work
L2	Demonstrate ability to apply approaches to self-care relevant to professional Social Work practice
L3	Demonstrate a commitment to developing anti-racist and anti-oppressive practice
L4	Demonstrate ability to evaluate own interpersonal skills
L5	

Employability Skills and Personal Development Planning (PDP) Skills	
SCQF Headings	**During completion of this module, there will be an opportunity to achieve core skills in:**
Knowledge and Understanding (K and U)	**SCQF 8** Students will develop critical knowledge and understanding of interpersonal communication skills and strategies for self-care relevant to contemporary Social Work practice.
Practice: Applied Knowledge and Understanding	**SCQF 8** Students will develop the capacity to apply knowledge to a range of practice scenarios and contexts
Generic Cognitive skills	**SCQF 8** Students will develop the ability to engage in critical reflection, thinking and analysis in relation to use of self in professional practice.
Communication, ICT and Numeracy Skills	**SCQF 8** Developing skills in interpersonal communication is a key focus of the module. Students will also develop competence in engaging on digital platforms to collaborate, which is a requirement of contemporary social work practice.
Autonomy, Accountability and Working with Others	**SCQF 8** Students are required to take responsibility for elements of their learning and development, as well as take part in group work and role play. Providing peer feedback will be relevant to student development.

Prerequisites	Module Code	Module Title
	Other Completion of all previous modules within this programme, in order to comply with the Readiness for Assessed Practice Requirements of the Scottish Social Services Council.	
Co-requisites	**Module Code**	**Module Title**

Learning and Teaching	
In line with current learning and teaching principles, a 20-credit module includes 200 learning hours, normally including a minimum of 36 contact hours and maximum of 48 contact hours. The module involves on campus learning to support development of skills associated with professional practice. Teaching will facilitate reflective dialogue and consolidation of learning, in preparation for assessment and future practice.	
Learning Activities During completion of this module, the learning activities undertaken to achieve the module learning outcomes are stated below:	**Student Learning Hours** (Note: Learning hours include both contact hours and hours spent on other learning activities)
Lecture/ Core Content Delivery	18
Practical Demonstration/ Workshop	18
Asynchronous Class Activity	36
Independent Study	128
Please select	
Please select	
TOTAL	200 hours

Indicative Resources

The following materials form essential underpinning for the module content and ultimately for the learning outcomes:

Grant, L. and Kinman, G. (2014) *Developing Resilience for Social Work Practice*. London: Palgrave Macmillan

Knight, A. and McNaught, A. (2011) *Understanding Wellbeing: An Introduction for Students and Practitioners of Health and Social Care*. Oxon: Lantern Publishing Ltd.

Koprowska, J. (2020) *Communication and Interpersonal Skills in Social Work*. London: Learning Matters.

Tedam, P. (2020) *Anti-Oppressive Social Work Practice*. London: Learning Matters

Thompson, N. (2021) *People skills (5th Edition)*. London: Bloomsbury.

Thompson, S. & Thompson, N. (2023) *The Critically Reflective Practitioner: 3rd Ed*. London: Bloomsbury.

(N.B. Although reading lists should include current publications, students are advised (particularly for material marked with an asterisk*) to wait until the start of session for confirmation of the most up-to-date material)

Attendance and Engagement Requirements
In line with the Student Attendance and Engagement Procedure, Students are academically engaged if they are regularly attending and participating in timetabled on-campus and online teaching sessions, asynchronous online learning activities, course-related learning resources, and complete assessments and submit these on time. **For the purposes of this module, academic engagement equates to the following:** SSSC (professional accrediting body) require a minimum attendance threshold of 80% for scheduled teaching.

Equality and Diversity
The University's Equality, Diversity and Human Rights Procedure can be accessed at the following link: UWS Equality, Diversity and Human Rights Code. This module is compliant with all protected characteristics as identified from equalities legislation.
(N.B. Every effort will be made by the University to accommodate any equality and diversity issues brought to the attention of the School)

Supplemental Information

Divisional Programme Board	**Psychology Social Work**
Overall Assessment Results	☐ **Pass / Fail** ☒ **Graded**
Module Eligible for Compensation	☐ **Yes** ☒ **No** **If this module is eligible for compensation, there may be cases where compensation is not permitted due to programme accreditation requirements. Please check the associated programme specification for details.**
School Assessment Board	UG and PG Social Work
Moderator	Tina Laurie
External Examiner	J Davey
Accreditation Details	Scottish Social Services Council (SSSC)
Module Appears in CPD catalogue	☐ **Yes** ☒ **No**
Changes / Version Number	

Assessment (also refer to Assessment Outcomes Grids below)
Assessment 1
Individual Presentation (100%)
Assessment 2
n/ a
Assessment 3

n/ a
(N.B. (i) Assessment Outcomes Grids for the module (one for each component) can be found below which clearly demonstrate how the learning outcomes of the module will be assessed. (ii) An indicative schedule listing approximate times within the academic calendar when assessment is likely to feature will be provided within the Student Module Handbook.)

Component 1							
Assessment Type	**LO1**	**LO2**	**LO3**	**LO4**	**LO5**	**Weighting of Assessment Element (%)**	**Timetabled Contact Hours**
Individual Presentation	☒	☒	☒	☒	☐	100	

Component 2							
Assessment Type	**LO1**	**LO2**	**LO3**	**LO4**	**LO5**	**Weighting of Assessment Element (%)**	**Timetabled Contact Hours**
n/ a	☐	☐	☐	☐	☐		

Component 3							
Assessment Type	**LO1**	**LO2**	**LO3**	**LO4**	**LO5**	**Weighting of Assessment Element (%)**	**Timetabled Contact Hours**
n/ a	☐	☐	☐	☐	☐		
Combined total for all components						100%	hours

Change Control

What	**When**	**Who**
Assessment updated to one component	**February '26**	P Gow