



Module Descriptor

Title	Enhancing Wellbeing in School Nursing		
Session	2025/26	Status	Published
Code	NURS11168	SCQF Level	11
Credit Points	20	ECTS (European Credit Transfer Scheme)	10
School	Health and Life Sciences		
Module Co-ordinator	Debbie Waddell (Interim)		
Summary of Module			
<p>The module provides School Nursing (SN) students with the opportunity to critically examine theories, concepts and principles underpinning and influencing child wellbeing/development, and SN practice. It is underpinned by Children’s Rights, enabling students to develop a critical understanding of how these influence the global and national policy and the legislative context that influences and informs contemporary SN practice. The learning and teaching builds on the students’ prior knowledge of child development and creates opportunities to examine and critically appraise the evidence base to develop an in-depth knowledge and understanding of how adversity and resilience promoting factors impact on this, becoming trauma-informed and skilled. Students will be prepared for practice in caring for children and young people who are experiencing adversity and challenges to enable them to apply the evidence-base when undertaking complex assessments of risk and need that require professional judgements to make safe, child-centred decisions. Throughout the module there is recognition of the Child's Right to participation and a focus on relationship-based practice that facilitates the inclusion of children and young people in assessments and decisions being made about them.</p> <p>The module adopts a social justice lens, supporting students to critically examine the complexity of their practice context, enabling them to challenge and mitigate impact of health and social inequalities. Students will adopt a salutogenic approach that enables them to develop person-centred inputs that meet the unique needs of the children and young people they care for.</p> <p>This module embraces the concept of Mastersness described in the QAA Scotland (2013) 'Facets of Mastersness' toolkit. Students are encouraged to reflect on learning achievements, experiences, and the implications these have for their future development. Further, the module embraces the three overarching UWS Graduate Attributes that state that our students on graduation will be Universal, Work-ready and Successful. This includes being critical, analytical, and inquiring with cultural awareness. Students will be research minded, digitally literate, motivated, creative, and resilient, leading to success and enhanced work-related opportunities.</p>			

Module Delivery Method	On-Campus¹ <input type="checkbox"/>	Hybrid² <input checked="" type="checkbox"/>	Online³ <input type="checkbox"/>	Work -Based Learning⁴ <input type="checkbox"/>
Campuses for Module Delivery	<input type="checkbox"/> Ayr <input type="checkbox"/> Dumfries	<input checked="" type="checkbox"/> Lanarkshire <input type="checkbox"/> London <input type="checkbox"/> Paisley	<input type="checkbox"/> Online / Distance Learning <input type="checkbox"/> Other (specify)	
Terms for Module Delivery	Term 1 <input type="checkbox"/>	Term 2 <input checked="" type="checkbox"/>	Term 3 <input type="checkbox"/>	
Long-thin Delivery over more than one Term	Term 1 – Term 2 <input type="checkbox"/>	Term 2 – Term 3 <input type="checkbox"/>	Term 3 – Term 1 <input type="checkbox"/>	

Learning Outcomes	
L1	Evidence the ability to critically apply theory, policy, national guidelines, and legislative frameworks to promote and protect the rights, health and wellbeing of children and young people which minimises the impact of health and social inequalities
L2	Demonstrate a critical understanding of the impact of family and social adversity on the development and wellbeing of children and young people
L3	Reflecting a social justice lens, demonstrate the ability to apply a strengths-based approach to the assessment of risk and need which enables and empowers children and young people to respond within their personal capacity.
L4	Demonstrate a critical understanding of trauma and of strategies that promote resilience
L5	

Employability Skills and Personal Development Planning (PDP) Skills	
SCQF Headings	During completion of this module, there will be an opportunity to achieve core skills in:
Knowledge and Understanding (K and U)	SCQF 11 Critically appraise theories, concepts, principles and models underpinning Specialist Community Public Health Nursing (School Nurse). Demonstrate a critical understanding of the influence and impact of policy and legislation within Specialist Community Public Health Nursing (School Nurse).

¹ Where contact hours are synchronous/ live and take place fully on campus. Campus-based learning is focused on providing an interactive learning experience supported by a range of digitally-enabled asynchronous learning opportunities including learning materials, resources, and opportunities provided via the virtual learning environment. On-campus contact hours will be clearly articulated to students.

² The module includes a combination of synchronous/ live on-campus and online learning events. These will be supported by a range of digitally-enabled asynchronous learning opportunities including learning materials, resources, and opportunities provided via the virtual learning environment. On-campus and online contact hours will be clearly articulated to students.

³ Where all learning is solely delivered by web-based or internet-based technologies and the participants can engage in all learning activities through these means. All required contact hours will be clearly articulated to students.

⁴ Learning activities where the main location for the learning experience is in the workplace. All required contact hours, whether online or on campus, will be clearly articulated to students

	Synthesise theoretical knowledge and understanding to articulate a social justice approach to Specialist Community Public Health Nursing (School Nurse).
Practice: Applied Knowledge and Understanding	<p>SCQF 11</p> <p>Demonstrate originality, creativity and innovation in the critical application of theories, concepts, principles and models underpinning Specialist Community Public Health Nursing (School Nurse).</p> <p>Evidence professional, moral and ethical values in the delivery of strengths-based, compassionate Specialist Community Public Health Nursing (School Nurse).</p>
Generic Cognitive skills	<p>SCQF 11</p> <p>Synthesise information from research and other forms of evidence to inform professional judgement, decision making and strategic leadership in Specialist Community Public Health Nursing (School Nurse).</p> <p>Evidence competence in literature retrieval, appraisal, and academic writing.</p>
Communication, ICT and Numeracy Skills	<p>SCQF 11</p> <p>Demonstrate digital literacy and numeracy skills to inform critical appraisal in practice and professional and personal development.</p> <p>Use advanced communication skills to communicate effectively with audiences from diverse backgrounds and with different levels of knowledge / expertise.</p> <p>Apply a wide range of ICT skills to inform Specialist Community Public Health Nursing (School Nurse).</p>
Autonomy, Accountability and Working with Others	<p>SCQF 11</p> <p>Critically reflect on own and others' roles and responsibilities to inform Specialist Community Public Health Nursing (School Nurse) and to build professional resilience.</p> <p>Demonstrate the ability to work creatively and collaboratively with multidisciplinary and multi-agency partners.</p> <p>Practice in ways that demonstrate competence in critical analysis and decision making.</p> <p>Demonstrate accountability for own practice, learning and continuous professional development</p>

Prerequisites	Module Code	Module Title
	Other	
Co-requisites	Module Code	Module Title

Learning and Teaching
<p>In line with current learning and teaching principles, a 20-credit module includes 200 learning hours, normally including a minimum of 36 contact hours and maximum of 48 contact hours.</p> <p>A range of learning and teaching strategies will be used to support student learning, enabling the achievement of module learning outcomes. A HybridO approach (UWS Curriculum Framework, 2022) will be applied, reflecting a flexible student-centred philosophy, where authentic and inclusive learning activities are used for the delivery of module content, using</p>

the UWS Virtual Learning Platform, with the opportunity for students to attend Campus for optional collaborative learning opportunities. Students will be required to participate in collaborative, curricular co-creational learning opportunities, with their peer group and academic staff for the duration of the module. This includes activities such as; critical discussion groups, simulation, case study and scenario-based problem solving, case reviews, and group workshops.

Work-based learning is a key component of learning within this module. Students will participate in work-based learning within their own area of practice and continue to build on their knowledge and understanding of their professional role with the application of theoretical knowledge into the clinical realm. This work-based learning is supported in the clinical field with a Practice Assessor and a Practice Supervisor.

Learning Activities	Student Learning Hours
During completion of this module, the learning activities undertaken to achieve the module learning outcomes are stated below:	(Note: Learning hours include both contact hours and hours spent on other learning activities)
Work-based Learning	80
Lecture / Core Content Delivery	24
Tutorial / Synchronous Support Activity	24
Independent Study	66
Asynchronous Class Activity	6
n/a	
TOTAL	200

Indicative Resources

The following materials form essential underpinning for the module content and ultimately for the learning outcomes:

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FFeatherstone, B., Gupta, A. Morris, K. and White (2018) Protecting Children A Social Model. Bristol: Policy Press

Legislation.Gov.UK Children (Scotland) Act 2020 <https://betaproxy2.parliament.scot/bills-andlaws/bills/united-nations-convention-on-the-rights-of-the-child-incorporation-scotland-bill>

Munro, E. (2020) Effective Child Protection. London: SAGE.

Rollnick S, Miller W, Butler C (2022) Motivational Interviewing in Health Care. Helping Patients

Change Behavior (Applications of Motivational Interviewing). 2nd edn. Routledge Taylor & Francis

Scottish Government (2021) National Guidance for Child Protection in Scotland 2021 Available at:<https://www.gov.scot/publications/national-guidance-child-protection-scotland2021/documents/>

Scottish Government: Getting it Right for Every Child (GIRFEC) Online <https://www.gov.scot/policies/girfec/>

Scottish Government (2012) National risk framework to support the assessment of children and young people <http://www.gov.scot/Publications/2012/11/7143/0>

(N.B. Although reading lists should include current publications, students are advised (particularly for material marked with an asterisk*) to wait until the start of session for confirmation of the most up-to-date material)

Attendance and Engagement Requirements

In line with the [Student Attendance and Engagement Procedure](#), Students are academically engaged if they are regularly attending and participating in timetabled on-campus and online teaching sessions, asynchronous online learning activities, course-related learning resources, and complete assessments and submit these on time.

For the purposes of this module, academic engagement equates to the following:

range of learning and teaching strategies will be used to support student learning, enabling the achievement of module learning outcomes. A Hybrid approach (UWS Curriculum Framework, 2022) will be applied, reflecting a flexible student-centred philosophy, where authentic and inclusive learning activities are used for the delivery of module content, using the UWS Virtual Learning Platform, with the opportunity for students to attend Campus for optional collaborative learning opportunities. Students will be required to participate in collaborative, curricular co-creational learning opportunities, with their peer group and academic staff for the duration of the module. This includes activities such as; critical discussion groups, case study and scenario-based problem solving, case reviews, and group workshops.

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Equality and Diversity

The University's Equality, Diversity and Human Rights Procedure can be accessed at the following link: [UWS Equality, Diversity and Human Rights Code](#).

This module is appropriate for all students. In line with current legislation (Equality Act, 2010) and the UWS Equality, Diversity, and Human Rights Code, our modules are accessible and inclusive, with reasonable adjustment for different needs where appropriate. To promote inclusive practice, procedures and processes have been subject to Equality Impact Assessment where appropriate. In line with the Equality Act 2010 and UWS Refreshed Equality Outcomes 2021 - 2025 Public Sector Equality Duty Mainstreaming and Equality Outcomes Report 2021 (uws.ac.uk) (pp. 37 - 39) the School of Health and Life Sciences encourages the disclosure of support requirements, including disability, at the recruitment stage and throughout the duration of the module. Emphasis is placed on confidentiality of information, the benefits of disclosure, and that no detriment to progress will be experienced. The School will endeavour to make reasonable adjustments to teaching and learning approaches and arrangements for assessment, and (when applicable) periods of placement, where appropriate.

All learning materials, activities and scenarios will utilise a diverse range of patients to reflect the diversity of students.

(N.B. Every effort will be made by the University to accommodate any equality and diversity issues brought to the attention of the School)

Supplemental Information

Divisional Programme Board	Adult Nursing Community Health
Overall Assessment Results	<input type="checkbox"/> Pass / Fail <input checked="" type="checkbox"/> Graded
Module Eligible for Compensation	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No If this module is eligible for compensation, there may be cases where compensation is not permitted due to programme accreditation requirements. Please check the associated programme specification for details.
School Assessment Board	Community and Health
Moderator	Kelly Porteous
External Examiner	M Fish
Accreditation Details	NMC
Module Appears in CPD catalogue	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Changes / Version Number	2

Assessment (also refer to Assessment Outcomes Grids below)
Assessment 1
Written Assessment (3,200 words) 100% weighting of the final module mark
Assessment 2
Work Based Learning Portfolio: assessed against NMC (2022) Standards of Proficiency For Specialist Community Public Health Nurses. Pass / Fail
Assessment 3
(N.B. (i) Assessment Outcomes Grids for the module (one for each component) can be found below which clearly demonstrate how the learning outcomes of the module will be assessed. (ii) An indicative schedule listing approximate times within the academic calendar when assessment is likely to feature will be provided within the Student Module Handbook.)

Component 1							
Assessment Type	LO1	LO2	LO3	LO4	LO5	Weighting of Assessment Element (%)	Timetabled Contact Hours
Essay	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	100	0

Component 2							
Assessment Type	LO1	LO2	LO3	LO4	LO5	Weighting of Assessment Element (%)	Timetabled Contact Hours
Performance/ Studio work/	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	0	0

Placement/ WBL/ WRL assessment							
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Component 3							
Assessment Type	LO1	LO2	LO3	LO4	LO5	Weighting of Assessment Element (%)	Timetabled Contact Hours
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Combined total for all components						100%	0 hours

Change Control

What	When	Who
Update for QAA Desktop	April 2025	Debbie Waddell