

### **Module Descriptor**

Title	Evidence Based Practice and Research					
Session	2025/26 Status Published					
Code	HLTH08009	SCQF Level	8			
Credit Points	20 ECTS (European 10 Credit Transfer Scheme)					
School	Health and Life Sciences					
Module Co-ordinator	Umma Suleiman					

### **Summary of Module**

Evidence based practice is key to the provision of high-quality, person centred health and social care services that meet the needs of people who use such services (Scottish Government, 2017).

To develop an evidence informed health and social care workforce this module will introduce students to the concept of evidence and its importance in health and social care. This will include exploration of the term evidence, types of evidence, the research process and research approaches commonly used to answer health and social care questions.

Using the evidence and research content as core learning students will be supported to further develop their ability to present information about evidence and research with accuracy and clarity. To achieve this, students will be exposed to a range of approaches to enhance their thinking and to supplement their ability to use current evidence to support their ideas.

The module is suitable for those currently working in or planning to work in health and social care and aims to promote global citizenship and graduateness for all students regardless of geography.

This module aims to contribute to the following I am UWS graduate attributes:

Universal: inquiring and critical thinking,

Work ready: digitally literate, problem solving,

Successful: creative and imaginative

Module Delivery Method	On-Campus¹		Hybrid <sup>2</sup>	Online <sup>3</sup>			k -Based arning <sup>4</sup>	
Campuses for Module Delivery	Ayr Dumfrie	Ayr Dumfries		☐ Lanarkshire ☐ London ☐ Paisley			☐ Online / Distance Learning ☐ Other (specify)  New College Lanarkshire	
Terms for Module Delivery	Term 1		Term 2		Term	13		
Long-thin Delivery over more than one Term	Term 1 – Term 2		Term 2 – Term 3		Term Term			

Lear	ning Outcomes
L1	Discuss the term evidence-based practice, types of evidence and the importance of evidence-based practice in health and social care.
L2	Recognise relevant research and appraise its usefulness to health and social care questions.
L3	Present accurate and comprehensive information about evidence and research related to health and social care
L4	
L5	

Employability Skills and Personal Development Planning (PDP) Skills							
SCQF Headings	During completion of this module, there will be an opportunity to achieve core skills in:						
Knowledge and Understanding (K and U)	SCQF 8  Knowledge of the types of evidence that can be used to underpin health and social care delivery						
	Understanding of the appropriateness of different types of evidence in relation health and social care questions.						
Practice: Applied Knowledge and Understanding	SCQF 8  Applying knowledge of evidence and research to answer health and social care questions.  Applying academic skills to the presentation of research appraisals.						

<sup>&</sup>lt;sup>1</sup> Where contact hours are synchronous/ live and take place fully on campus. Campus-based learning is focused on providing an interactive learning experience supported by a range of digitally-enabled asynchronous learning opportunities including learning materials, resources, and opportunities provided via the virtual learning environment. On-campus contact hours will be clearly articulated to students.

<sup>&</sup>lt;sup>2</sup> The module includes a combination of synchronous/ live on-campus and online learning events. These will be supported by a range of digitally-enabled asynchronous learning opportunities including learning materials, resources, and opportunities provided via the virtual learning environment. On-campus and online contact hours will be clearly articulated to students.

<sup>&</sup>lt;sup>3</sup> Where all learning is solely delivered by web-based or internet-based technologies and the participants can engage in all learning activities through these means. All required contact hours will be clearly articulated to students.

<sup>&</sup>lt;sup>4</sup> Learning activities where the main location for the learning experience is in the workplace. All required contact hours, whether online or on campus, will be clearly articulated to students

Generic	SCQF 8						
Cognitive skills	Developing skills to systematically review individual pieces of research evidence;						
	Identifying a range of approaches used to evaluate research literature and health and social care questions.						
Communication,	SCQF 8						
ICT and	Understanding of how to find evidence from relevant sources;						
Numeracy Skills	Identifying and accurately presenting a range of data.						
Autonomy,	SCQF 8						
Accountability and Working with Others	Working with others in a way that recognises the contribution of self and peers.						
	Being accountable for the accuracy and clarity of written work and its application to health and social care.						

Prerequisites	Module Code	Module Title			
	Other				
Co-requisites	Module Code	Module Title			

### **Learning and Teaching**

In line with current learning and teaching principles, a 20-credit module includes 200 learning hours, normally including a minimum of 36 contact hours and maximum of 48 contact hours.

Hybrid Delivery will be used for this module.

In a hybrid delivery model students will be exposed to a range of synchronous and asynchronous group and personal activities online or in the classroom. This will be supplemented with a series of online learning units that present students with the core learning content for the module.

Learning Activities	Student Learning		
During completion of this module, the learning activities undertaken to achieve the module learning outcomes are stated below:	Hours (Note: Learning hours include both contact hours and hours spent on other learning activities)		
Lecture / Core Content Delivery	20		
Tutorial / Synchronous Support Activity	10		
Asynchronous Class Activity	6		
Independent Study	158		
Personal Development Plan	6		
n/a			
TOTAL	200		

### **Indicative Resources**

# The following materials form essential underpinning for the module content and ultimately for the learning outcomes:

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Aveyard, H. and Sharp, P. (2017) A Beginner's Guide to Evidence Based Practice[electronic book]. Maidenhead: Open University Press.

Cottrell, S. (2019) The Study Skills Handbook (5th Ed). London: Red Globe Press.

Jolley, J. (2020) Introducing Research and Evidence-based Practice for Nursing and Healthcare Professionals (3rd Ed). Abingdon: Routledge.

(N.B. Although reading lists should include current publications, students are advised (particularly for material marked with an asterisk\*) to wait until the start of session for confirmation of the most up-to-date material)

### **Attendance and Engagement Requirements**

In line with the <u>Student Attendance and Engagement Procedure</u>, Students are academically engaged if they are regularly attending and participating in timetabled oncampus and online teaching sessions, asynchronous online learning activities, course-related learning resources, and complete assessments and submit these on time.

### For the purposes of this module, academic engagement equates to the following:

In this module, there is a high degree of student-led flexibility. You are academically engaged if you are regularly engaged with scheduled live sessions on-campus and online, including engaging with online learning activities in your own time, course-related learning resources, and with timely completion and submission of assessments.

Whilst we understand that there may be times when conflicting priorities make participation challenging, for you to gain the most from this module it is recommended that you participate in all scheduled live classes and complete your self-directed learning activities in a timely manner.

It may be difficult to pass the assessment associated with this module if you are not regularly engaging with the module work and live classes.

We may reach out to check how things are going and offer support if we observe that your attendance and engagement is lower than expected that is in line with the school policy.

### **Equality and Diversity**

The University's Equality, Diversity and Human Rights Procedure can be accessed at the following link: <u>UWS Equality, Diversity and Human Rights Code.</u>

In line with current legislation (Equality Act, 2010) and the UWS Equality, Diversity, and Human Rights Code, our modules are accessible and inclusive, with reasonable adjustment for different needs where appropriate. Module materials comply with University guidance on inclusive learning and teaching, and specialist assistive equipment, support provision and adjustment to assessment practice will be made in accordance with UWS policy and regulations. Where modules require practical and/or laboratory based learning or assessment required to meet accrediting body requirements the University will make reasonable adjustment such as adjustable height benches or assistance of a 'buddy' or helper.

(N.B. Every effort will be made by the University to accommodate any equality and diversity issues brought to the attention of the School)

Overall Assessmen	t Result	s 🔲	☐ Pass / Fail ☐ Graded						
Module Eligible for			Yes 🗌	No					
Compensation		cas pro	If this module is eligible for compensation, there may be cases where compensation is not permitted due to programme accreditation requirements. Please check the associated programme specification for details.						
School Assessmen	t Board								
Moderator		Elai	ne Steve	ens					
External Examiner		P A	nyanwu						
Accreditation Detai	ls								
Module Appears in catalogue	CPD		Yes 🔀	No					
Changes / Version I	Number	1							
		·							
Assessment (also re	efer to A	ssessm	ent Out	comes	Grids be	elow)			
Assessment 1									
Infographic/Poster (3	30% of O	verall M	odule M	ark)					
Assessment 2									
Written Appraisal (20	000 word	ls - 70%	of Overa	all Modu	le Mark)				
Assessment 3									
(N.B. (i) Assessment below which clearly (ii) An indicative scho assessment is likely	demons <sup>.</sup> edule list	trate hov ting app	w the lea	arning ou e times v	itcomes vithin the	of the module wi	ill be assessed ndar when		
Component 1		_							
Assessment Type	LO1	LO2	LO3	LO4	LO5	Weighting of Assessment Element (%)	Timetabled Contact Hours		
Demonstrations/ Poster presentations/ Exhibitions						30	0		
Component 2									
Assessment Type	LO1	LO2	LO3	LO4	LO5	Weighting of Assessment	Timetabled Contact		
						Element (%)	Hours		

Divisional Programme Board | Biological Sciences Health

Component 3							
Assessment Type	LO1	LO2	LO3	LO4	LO5	Weighting of Assessment Element (%)	Timetabled Contact Hours
Combined total for all components					100%	0 hours	

## **Change Control**

What	When	Who