

University of the West of Scotland

Module Descriptor

Session: 2023/24

Title of Module: Sport and Exercise Experience			
Code: SPOR08042	SCQF Level: 8 (Scottish Credit and Qualifications Framework)	Credit Points: 20	ECTS: 10 (European Credit Transfer Scheme)
School:	School of Health and Life Sciences		
Module Co-ordinator:	Laura Graham		
Summary of Module			
<p>This module is designed to facilitate the transference of theoretical knowledge to applied practice. This module is underpinned by work related learning experiences gained in first year and prepares students for a longer, second placement in the third year module Being a Sport Professional.</p> <p>The module is delivered in partnership with the local authority, who are able to offer a wide range of placements across Active Schools and Sport Development initiatives. Alternative placements for students who wish to use their own links are also possible however and will be approved at the module leader's discretion.</p> <p>By the end of this module, students will have gained experience of professional practice within the sport sector. The structure of the module optimises essential networking opportunities, personal developing planning, and active reflection on professional skills.</p> <p>This module develops student in relation to the "I Am UWS" Graduate Attributes: Universal – Critical Thinker, Emotionally Intelligent, Collaborative</p> <p>Work-Ready – Problem-solver, Emotionally Intelligent, Potential Leader Successful – Autonomous, Resilient, Driven</p>			

Module Delivery Method					
Face-To-Face	Blended	Fully Online	HybridC	Hybrid 0	Work-Based Learning
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
See Guidance Note for details.					

Campus(es) for Module Delivery
The module will normally be offered on the following campuses / or by Distance/Online Learning: (Provided viable student numbers permit) (tick as appropriate)

Paisley:	Ayr:	Dumfries:	Lanarkshire:	London:	Distance/Online Learning:	Other:
<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Add name

Term(s) for Module Delivery

(Provided viable student numbers permit).

Term 1	<input checked="" type="checkbox"/>	Term 2	<input checked="" type="checkbox"/>	Term 3	<input type="checkbox"/>
--------	-------------------------------------	--------	-------------------------------------	--------	--------------------------

Learning Outcomes: (maximum of 5 statements)

These should take cognisance of the SCQF level descriptors and be at the appropriate level for the module.

At the end of this module the student will be able to:

L1	Show discerning understanding of key principles in professional practices within the working environment.
L2	Develop a critical and reflective approach to professional practices
L3	Demonstrate effective communication to peers and other professionals.

Employability Skills and Personal Development Planning (PDP) Skills

SCQF Headings	During completion of this module, there will be an opportunity to achieve core skills in:
Knowledge and Understanding (K and U)	<p>SCQF Level 8</p> <p>Demonstrating and/or working with:</p> <p>A broad knowledge of the scope, defining features, and main areas of a subject/discipline.</p> <p>Detailed knowledge in some areas.</p>
Practice: Applied Knowledge and Understanding	<p>SCQF Level 8</p> <p>Using a range of routine skills, techniques, practices and/or materials associated with a subject/discipline, a few of which are advanced or complex.</p> <p>Adapting routine practices within accepted standards.</p>
Generic Cognitive skills	<p>SCQF Level 8</p> <p>Undertaking critical analysis, evaluation and/or synthesis of ideas, concepts, information and issues that are within the common understandings of the subject/discipline.</p>

	Evaluating evidence-based solutions/responses to defined and/or routine problems/issues and/or routine problems/issues.	
Communication, ICT and Numeracy Skills	<p>SCQF Level 8</p> <p>Using a range of routine skills and some advanced and specialised skills associated with a subject/discipline, for example: Conveying complex information to a range of audiences and for a range of purposes.</p>	
Autonomy, Accountability and Working with others	<p>SCQF Level 8</p> <p>Exercising autonomy and initiative in some activities at a professional level.</p> <p>Taking significant managerial or supervisory responsibility for the work of others in defined areas of work.</p> <p>Taking the lead on planning in familiar or defined contexts.</p> <p>Taking continuing account of own and others' roles, responsibilities and contributions in carrying out and evaluating tasks.</p> <p>Working in support of current professional practice, under guidance.</p>	
Pre-requisites:	Before undertaking this module the student should have undertaken the following:	
	Module Code:	Module Title:
	Other:	
Co-requisites	Module Code:	Module Title:

*Indicates that module descriptor is not published.

Learning and Teaching	
In line with current learning and teaching principles, a 20-credit module includes 200 learning hours, normally including a minimum of 36 contact hours and maximum of 48 contact hours.	
<p>Learning Activities During completion of this module, the learning activities undertaken to achieve the module learning outcomes are stated below:</p>	<p>Student Learning Hours (Normally totalling 200 hours): (Note: Learning hours include both contact hours and hours spent on other learning activities)</p>

Asynchronous Class Activity	18
Tutorial/Synchronous Support Activity	18
Work Based Learning/Placement	48
Personal Development Plan	10
Independent Study	106
	200 Hours Total

****Indicative Resources: (eg. Core text, journals, internet access)**

The following materials form essential underpinning for the module content and ultimately for the learning outcomes:

Core Text:

Knowles Z, Gilbourne D, Cropley B and Dugdill L (2013) Reflective Practice in the Sport and Exercise Sciences

Heaney C, Oakley B and Rea S (2009) Exploring Sport and Fitness: Work-Based Practice

(**N.B. Although reading lists should include current publications, students are advised (particularly for material marked with an asterisk*) to wait until the start of session for confirmation of the most up-to-date material)

Attendance and Engagement Requirements

In line with the [Student Attendance and Engagement Procedure](#): Students are academically engaged if they are regularly attending and participating in timetabled on-campus and online teaching sessions, asynchronous online learning activities, course-related learning resources, and complete assessments and submit these on time.

For the purposes of this module, academic engagement equates to the following:

Academic engagement also includes entering required placement details onto InPlace by specified deadline and completing required placement hours

Equality and Diversity

The University's Equality, Diversity and Human Rights Procedure can be accessed at the following link: [UWS Equality, Diversity and Human Rights Code](#).

In line with current legislation (Equality Act, 2010) and the UWS Equality, Diversity, and Human Rights Code, our modules are accessible and inclusive, with reasonable adjustment for different needs where appropriate. Module materials comply with University guidance on inclusive learning and teaching, and specialist assistive equipment, support provision and adjustment to assessment practice will be made in accordance with UWS policy and regulations. Where modules require practical learning or assessment, alternative formats and/or roles will be provided for students with physical disabilities which impact participation.

(N.B. Every effort will be made by the University to accommodate any equality and diversity issues brought to the attention of the School)

Supplemental Information

Divisional Programme Board	Sport, Exercise and Health
Assessment Results (Pass/Fail)	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>
School Assessment Board	Sport, Exercise and Health
Moderator	Juan Alvarez
External Examiner	S Robson
Accreditation Details	n/a
Changes/Version Number	1.02

Assessment: (also refer to Assessment Outcomes Grids below)

The assessments in this module will require students to demonstrate their ability to perform appropriate practical/applied work externally from the university. Students will also be required to produce a reflective account of the practical experiences they have gained.

Assessment 1 - Completion of relevant work-based learning placement/practical work.

Assessment 2 - Reflective Assignment analysing placement experiences.

(N.B. (i) **Assessment Outcomes Grids** for the module (one for each component) can be found below which clearly demonstrate how the learning outcomes of the module will be assessed.

(ii) An **indicative schedule** listing approximate times within the academic calendar when assessment is likely to feature will be provided within the Student Module Handbook.)

Assessment Outcome Grids (See Guidance Note)

Component 1					
Assessment Type (Footnote B.)	Learning Outcome (1)	Learning Outcome (2)	Learning Outcome (3)	Weighting (%) of Assessment Element	Timetabled Contact Hours
Performance/ Studio work/ Placement/ WBL/ WRL assessment	✓		✓	50	tbc

Component 2					
Assessment Type (Footnote B.)	Learning Outcome (1)	Learning Outcome (2)	Learning Outcome (3)	Weighting (%) of Assessment Element	Timetabled Contact Hours
Portfolio of written work	✓	✓	✓	50	tbc
Combined Total For All Components				100%	tbc hours