



Module Descriptor

Title	Advanced Physical Education				
Session	2025/26	Status	Published		
Code	SPOR10041	SCQF Level	10		
Credit Points	20	ECTS (European Credit Transfer Scheme)	10		
School	Health and Life Sciences				
Module Co-ordinator	David Meir				

Summary of Module

This module builds upon the content of the prerequisite L9 module Contemporary Issues in Physical Education and School Sport. The module provides the opportunity for students to develop their knowledge and understanding of advanced perspectives within Physical Education, apply those perspectives practically and critically self-evaluate their practical application. The module content will be contextualised and flexible to reflect the constantly evolving nature of Physical Education and is expected to explore, but not limited by, the following:

Critical Perspectives

Social Justice

Lifestyles

Inclusion

Holistic Development

Learner Centred Approaches

Domains of Learning

Values

Health & Wellbeing

This module will assist the student in the development of key 'I am UWS Graduate Attributes' to allow those that complete this module to be:

Universal:

Critical Thinker

Analytical

Research Minded

Work Ready:

Knowledgeable

Influential

Ambitious

Successful:

Innovative

Crea	tive								
Transformational									
	ule Delivery	On-Cam	On-Campus ¹		On	Online ³		Work -Based	
Meth	nod							Learning⁴ 	
				<u> </u>					
	puses for	⊠ Ayr		Lana	ırkshire			Distance	
Moa	ule Delivery	Dumfr	ies	Lond	lon		Learning		
				Paisl	ey		otner (specify)	
Tawa	ns for Module	Ta 1	T	7 Tawa 0		T	- 0		
Deli		Term 1				Term	13		
	g-thin Delivery	Term 1 –		Term 2	-	Tern			
over Term	more than one	Term 2		Term 3		Term 1			
Terri									
Lear	ning Outcome:	S							
L1	Appraise advanced perspectives of Physical Education								
L2	Practically apply advanced perspectives of Physical Education								
L3	Critically evaluate the practical application of advanced perspectives of Physical Education								
L4	L4								
L5	.5								
Employability Skills and Personal Development Planning (PDP) Skills									
SCQ	SCQF Headings During completion of this module, there will be an opportunity to achieve core skills in:								
Understanding (K and U)		SCQF 10							
		Demonstrating detailed knowledge and understanding in one or more							
		specialisms, some of which is informed by, or at the forefront of, Physical Education.							
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¹ Where contact hours are synchronous/ live and take place fully on campus. Campus-based learning is focused on providing an interactive learning experience supported by a range of digitally-enabled asynchronous learning opportunities including learning materials, resources, and opportunities provided via the virtual learning environment. On-campus contact hours will be clearly articulated to students.

² The module includes a combination of synchronous/ live on-campus and online learning events. These will be supported by a range of digitally-enabled asynchronous learning opportunities including learning materials, resources, and opportunities provided via the virtual learning environment. On-campus and online contact hours will be clearly articulated to students.

³ Where all learning is solely delivered by web-based or internet-based technologies and the participants can engage in all learning activities through these means. All required contact hours will be clearly articulated to students.

⁴ Learning activities where the main location for the learning experience is in the workplace. All required contact hours, whether online or on campus, will be clearly articulated to students

Practice: Applied Knowledge and Understanding	SCQF 10 Using skills, techniques, practices that are specialised, advanced and at the forefront of Physical Education.
Generic Cognitive skills	SCQF 10 Critically identifying, defining, conceptualising and analysing complex
	problems and issues in Physical Education Critically reviewing and consolidating knowledge, skills, practices and
Communication,	thinking in Physical Education. SCQF 10
ICT and Numeracy Skills	Presenting or conveying, formally and informally, information about specialised topics to informed audiences.
Autonomy,	SCQF 10
Accountability and Working with Others	Practising in ways that show awareness of own and others' roles and responsibilities.
	Managing complex ethical and professional issues in accordance with current professional and/or ethical codes or practices.

Prerequisites	Module Code SPOR09051	Module Title Contemporary Issues in Physical Education and School Sport
	Other	
Co-requisites	Module Code	Module Title

Learning and Teaching

In line with current learning and teaching principles, a 20-credit module includes 200 learning hours, normally including a minimum of 36 contact hours and maximum of 48 contact hours.

The teaching and learning approach will utilise a combination of activities in a flexible, hybrid approach to delivery. Theoretical content will be made available through the virtual learning environment including activities and required reading in preparation for taught sessions. Much of the learning will be achieved through directed independent study tasks. Synchronous sessions will comprise of a balanced blend of lectures, seminars and applied practical sessions involving group work, class discussion and creative problem solving.

Learning Activities During completion of this module, the learning activities undertaken	Student Learning Hours	
to achieve the module learning outcomes are stated below:	(Note: Learning hours include both contact hours and hours spent on other learning activities)	
Tutorial / Synchronous Support Activity	12	
Laboratory / Practical Demonstration / Workshop	12	
Asynchronous Class Activity	12	
Independent Study	164	
n/a		
n/a		
TOTAL	200	

Indicative Resources

The following materials form essential underpinning for the module content and ultimately for the learning outcomes:

Core Text

Capel, S & Blair, R (Eds.). (2020) Debates in physical education (2nd ed). London, Routledge Journals

Physical Education and Sports Pedagogy

European Review of Physical Education

Sport, Education and Society

(N.B. Although reading lists should include current publications, students are advised (particularly for material marked with an asterisk*) to wait until the start of session for confirmation of the most up-to-date material)

Attendance and Engagement Requirements

In line with the <u>Student Attendance and Engagement Procedure</u>, Students are academically engaged if they are regularly attending and participating in timetabled oncampus and online teaching sessions, asynchronous online learning activities, course-related learning resources, and complete assessments and submit these on time.

For the purposes of this module, academic engagement equates to the following:

100% Attendance at all module events and consistent weekly engagement with online materials.

Equality and Diversity

The University's Equality, Diversity and Human Rights Procedure can be accessed at the following link: <u>UWS Equality, Diversity and Human Rights Code.</u>

In line with current legislation (Equality Act, 2010) and the UWS Equality, Diversity, and Human Rights Code, our modules are accessible and inclusive, with reasonable adjustment for different needs where appropriate. Module materials comply with University guidance on inclusive learning and teaching, and specialist assistive equipment, support provision and adjustment to assessment practice will be made in accordance with UWS policy and regulations. Where modules require practical learning or assessment, alternative formats and/or roles will be provided for students with physical disabilities which impact participation.

(N.B. Every effort will be made by the University to accommodate any equality and diversity issues brought to the attention of the School)

Supplemental Information

Divisional Programme Board	Sport Exercise Health
Overall Assessment Results	☐ Pass / Fail ☐ Graded
Module Eligible for Compensation	Yes No If this module is eligible for compensation, there may be cases where compensation is not permitted due to programme accreditation requirements. Please check the associated programme specification for details.

School Assessment Boa	rd	Sport, Exercise & Health					
Moderator		Liz Carlin					
External Examiner		R Pepp	erell				
Accreditation Details							
Module Appears in CPD catalogue		Yes	s 🔀 N	lo			
Changes / Version Numb	er	2					
Assessment (also refer t	o Asse	essmen	t Outo	omes C	Frids be	low)	
Assessment 1							
Poster Presentation							
Assessment 2							
Practical Skills/Oral Asses	ssmen	t					
Assessment 3							
(N.B. (i) Assessment Outobelow which clearly demo						•	•
(ii) An indicative schedule assessment is likely to fea	_						
Component 1							
Assessment Type LO	1 L0	O2 L	О3	LO4	LO5	Weighting of Assessment	Timetabled Contact
						Element (%)	Hours
Demonstrations/ Poster presentations/ Exhibitions						30	0
EXHIBITIONS							
Component 2							
Assessment Type LO	1 L0	O2 L	О3	LO4	LO5	Weighting of Assessment Element (%)	Timetabled Contact Hours
Clinical/ Fieldwork/ Practical skills assessment/ Debate/ Interview/ Viva voce/ Oral						70	0.5
Component 3							
Assessment Type LO	1 L0	O2 L	О3	LO4	LO5	Weighting of Assessment	Timetabled Contact
						Element (%)	Hours

Combined total for all component	100%	0.5 hours
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Change Control

What	When	Who