Module Descriptor

Title	Advanced Physical Education		
Session	2026/27	**Status**	Published
Code	SPOR10041	**SCQF Level**	10
Credit Points	20	**ECTS (European Credit Transfer Scheme)**	10
School	**Health and Life Sciences**		
Module Co-ordinator	David Meir		

Summary of Module

This module builds upon the content of the prerequisite L9 module Contemporary Issues in Physical Education and School Sport. The module provides the opportunity for students to develop their knowledge and understanding of advanced perspectives within Physical Education, apply those perspectives practically and critically self-evaluate their practical application. The module content will be contextualised and flexible to reflect the constantly evolving nature of Physical Education and is expected to explore, but not limited by, the following:

Critical Perspectives

Social Justice

Lifestyles

Inclusion

Holistic Development

Learner Centred Approaches

Domains of Learning

Values

Health & Wellbeing

This module will assist the student in the development of key 'I am UWS Graduate Attributes' to allow those that complete this module to be:

Universal:

Critical Thinker

Analytical

Research Minded

Work Ready:

Knowledgeable

Influential

Ambitious

Successful:

Innovative

Creative Transformational

Module Delivery Method	**On-Campus**[1] ☒	**Hybrid**[2] ☐	**Online**[3] ☐	**Work -Based Learning**[4] ☐
Campuses for Module Delivery	☒ Ayr ☐ Dumfries	☐ Lanarkshire ☐ London ☐ Paisley	☐ Online / Distance Learning ☐ Other (specify)	

Terms for Module Delivery	Term 1	☒	Term 2	☐	Term 3	☐
Long-thin Delivery over more than one Term	Term 1 – Term 2	☐	Term 2 – Term 3	☐	Term 3 – Term 1	☐

Learning Outcomes	
L1	Appraise advanced perspectives of Physical Education.
L2	Practically apply advanced perspectives of Physical Education.
L3	Critically evaluate the practical application of advanced perspectives of Physical Education.
L4	
L5	

Employability Skills and Personal Development Planning (PDP) Skills	
SCQF Headings	**During completion of this module, there will be an opportunity to achieve core skills in:**
Knowledge and Understanding (K and U)	**SCQF 10** Demonstrating detailed knowledge and understanding in one or more specialisms, some of which is informed by, or at the forefront of, Physical Education.
Practice: Applied Knowledge and Understanding	**SCQF 10**

[1] Where contact hours are synchronous/ live and take place fully on campus. Campus-based learning is focused on providing an interactive learning experience supported by a range of digitally-enabled asynchronous learning opportunities including learning materials, resources, and opportunities provided via the virtual learning environment. On-campus contact hours will be clearly articulated to students.

[2] The module includes a combination of synchronous/ live on-campus and online learning events. These will be supported by a range of digitally-enabled asynchronous learning opportunities including learning materials, resources, and opportunities provided via the virtual learning environment. On-campus and online contact hours will be clearly articulated to students.

[3] Where all learning is solely delivered by web-based or internet-based technologies and the participants can engage in all learning activities through these means. All required contact hours will be clearly articulated to students.

[4] Learning activities where the main location for the learning experience is in the workplace. All required contact hours, whether online or on campus, will be clearly articulated to students

	Using skills, techniques, practices that are specialised, advanced and at the forefront of Physical Education.
Generic Cognitive skills	**SCQF 10** Critically identifying, defining, conceptualising and analysing complex problems and issues in Physical Education. Critically reviewing and consolidating knowledge, skills, practices and thinking in Physical Education.
Communication, ICT and Numeracy Skills	**SCQF 10** Presenting or conveying, formally and informally, information about specialised topics to informed audiences.
Autonomy, Accountability and Working with Others	**SCQF 10** Practising in ways that show awareness of own and others' roles and responsibilities. Managing complex ethical and professional issues in accordance with current professional and/or ethical codes or practices.

Prerequisites	**Module Code** SPOR09051	**Module Title** Contemporary Issues in Physical Education and School Sport
	Other	
Co-requisites	**Module Code**	**Module Title**

Learning and Teaching	
In line with current learning and teaching principles, a 20-credit module includes 200 learning hours, normally including a minimum of 36 contact hours and maximum of 48 contact hours. The teaching and learning approach will utilise a combination of activities in a flexible, in person approach to delivery. Theoretical content will be made available through the virtual learning environment including required reading in preparation for taught sessions. Much of the learning will be achieved through directed independent study tasks. Synchronous sessions will comprise of a balanced blend of lectures, seminars and applied practical sessions involving group work, class discussion and creative problem solving.	
Learning Activities During completion of this module, the learning activities undertaken to achieve the module learning outcomes are stated below:	**Student Learning Hours** (Note: Learning hours include both contact hours and hours spent on other learning activities)
Tutorial / Synchronous Support Activity	12
Laboratory / Practical Demonstration / Workshop	24
Independent Study	164
n/a	
n/a	
n/a	
TOTAL	200

Indicative Resources
The following materials form essential underpinning for the module content and ultimately for the learning outcomes: Core Text Capel, S & Blair, R (Eds.). (2020) Debates in physical education (2nd ed). London, Routledge Journals Physical Education and Sports Pedagogy European Review of Physical Education Sport, Education and Society
(N.B. Although reading lists should include current publications, students are advised (particularly for material marked with an asterisk*) to wait until the start of session for confirmation of the most up-to-date material)

Attendance and Engagement Requirements
In line with the Student Attendance and Engagement Procedure, Students are academically engaged if they are attending and participating in all timetabled programme activities including on-campus and online teaching sessions, asynchronous online learning activities, placement, work-based elements, course-related learning resources, and complete assessments and submit these on time. **For the purposes of this module, academic engagement equates to the following:** 100% Attendance at all module events and consistent weekly engagement with online materials.

Equality and Diversity
The University's Equality, Diversity and Human Rights Procedure can be accessed at the following link: UWS Equality, Diversity and Human Rights Code. In line with current legislation (Equality Act, 2010) and the UWS Equality, Diversity, and Human Rights Code, our modules are accessible and inclusive, with reasonable adjustment for different needs where appropriate. Module materials comply with University guidance on inclusive learning and teaching, and specialist assistive equipment, support provision and adjustment to assessment practice will be made in accordance with UWS policy and regulations. Where modules require practical learning or assessment, alternative formats and/or roles will be provided for students with physical disabilities which impact participation.
(N.B. Every effort will be made by the University to accommodate any equality and diversity issues brought to the attention of the School)

Supplemental Information

Divisional Programme Board	**Sport Exercise Health**
Overall Assessment Results	☐ **Pass / Fail** ☒ **Graded**
Module Eligible for Compensation	☐ **Yes** ☒ **No** **If this module is eligible for compensation, there may be cases where compensation is not permitted due to programme accreditation requirements. Please check the associated programme specification for details.**

School Assessment Board	Sport, Exercise & Health
Moderator	Daryl Cowan
External Examiner	R Pepperell
Accreditation Details	
Module Appears in CPD catalogue	☐ **Yes** ☒ **No**
Changes / Version Number	3

Assessment (also refer to Assessment Outcomes Grids below)
Assessment 1
Poster Presentation.
Assessment 2
Practical Skills/Oral Assessment.
Assessment 3
(N.B. (i) Assessment Outcomes Grids for the module (one for each component) can be found below which clearly demonstrate how the learning outcomes of the module will be assessed. (ii) An indicative schedule listing approximate times within the academic calendar when assessment is likely to feature will be provided within the Student Module Handbook.)

Component 1							
Assessment Type	**LO1**	**LO2**	**LO3**	**LO4**	**LO5**	**Weighting of Assessment Element (%)**	**Timetabled Contact Hours**
Demonstrations/ Poster presentations/ Exhibitions	☒	☐	☐	☐	☐	30	0

Component 2							
Assessment Type	**LO1**	**LO2**	**LO3**	**LO4**	**LO5**	**Weighting of Assessment Element (%)**	**Timetabled Contact Hours**
Clinical/ Fieldwork/ Practical skills assessment/ Debate/ Interview/ Viva voce/ Oral	☐	☒	☒	☐	☐	70	0.5

Component 3							
Assessment Type	**LO1**	**LO2**	**LO3**	**LO4**	**LO5**	**Weighting of Assessment Element (%)**	**Timetabled Contact Hours**
	☐	☐	☐	☐	☐		

Combined total for all components	100%	0.5 hours

Change Control

What	When	Who
Change of delivery hours: Removal of synchronous online activities. Increase in practical delivery to 24 hours.	10/03/2026	David Meir