

University of the West of Scotland

Module Descriptor

Session: 2023/24

Title of Module: Sport & Exercise Dissertation			
Code: SPOR10053	SCQF Level: 10 (Scottish Credit and Qualifications Framework)	Credit Points: 40	ECTS: 20 (European Credit Transfer Scheme)
School:	School of Health and Life Sciences		
Module Co-ordinator:	Lawrence Hayes		
Summary of Module			
<p>This module is designed to provide students with the opportunity to apply their knowledge and skills on an aspect of independent research relevant to their degree programme. The module will build upon the theoretical knowledge and practical skills, developed from previous modules undertaken, that are essential in carrying out a research project (i.e. project design, data capture, data analysis and evaluation).</p> <p>This module will assist the student in the development of key 'I am UWS Graduate Attributes' to allow those that complete this module to be:</p> <p>Universal:</p> <ul style="list-style-type: none"> • Critical Thinker • Emotionally Intelligent • Collaborative • Organised • Engaged <p>Work Ready:</p> <ul style="list-style-type: none"> • Problem-solver • Motivated • Potential Project Leader • Time management • Positive attitude <p>Successful:</p> <ul style="list-style-type: none"> • Innovative • Resilient • Transformational • Self-aware 			

Module Delivery Method					
Face-To-Face	Blended	Fully Online	HybridC	Hybrid 0	Work-Based Learning
<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Campus(es) for Module Delivery						
The module will normally be offered on the following campuses / or by Distance/Online Learning: (Provided viable student numbers permit) (tick as appropriate)						
Paisley:	Ayr:	Dumfries:	Lanarkshire:	London:	Distance/Online Learning:	Other:
<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Add name

Term(s) for Module Delivery					
(Provided viable student numbers permit).					
Term 1	<input checked="" type="checkbox"/>	Term 2	<input checked="" type="checkbox"/>	Term 3	<input type="checkbox"/>

Learning Outcomes: (maximum of 5 statements) These should take cognisance of the SCQF level descriptors and be at the appropriate level for the module. At the end of this module the student will be able to:	
L1	Acquire experience of researching an identified question using knowledge and understanding acquired in the programme of study.
L2	Devise and sustain an independent project to develop new areas of knowledge and skills as necessary.
L3	Prepare a critical review of literature to identify a research question.
L4	Collect, collate, analyse, and present data in a scientific manner.
L5	Communicate research findings using appropriate terminology to maintain audience interest and understanding.

Employability Skills and Personal Development Planning (PDP) Skills	
SCQF Headings	During completion of this module, there will be an opportunity to achieve core skills in:
Knowledge and Understanding (K and U)	<p>SCQF Level 10</p> <p>Demonstrating a comprehensive knowledge of the methods required to design a research project.</p> <p>Demonstrating critical understanding of data capture and analysis relevant to the research project.</p>
Practice: Applied Knowledge and Understanding	SCQF Level 10

	<p>Using a significant range of research skills to justify the choice of research project.</p> <p>Designing a research project to capture data which can be analysed to meet the aims/objectives.</p> <p>Executing an analysis and synthesis of the data captured for the research project.</p>				
Generic Cognitive skills	<p>SCQF Level 10</p> <p>Critically identifying, defining, conceptualising and analysing complex problems and issues.</p>				
Communication, ICT and Numeracy Skills	<p>SCQF Level 10</p> <p>Presenting or conveying, formally and informally, information related to data captured.</p> <p>Using a range of ICT applications to support and enhance work at this level and adjust features to suit purpose.</p> <p>Interpreting, using and evaluating numerical and graphical data to set and achieve aims/objectives.</p>				
Autonomy, Accountability and Working with others	<p>SCQF Level 10</p> <p>Exercising autonomy and initiative in undertaking data capture and analysis but also work as part of a project team.</p>				
Pre-requisites:	Before undertaking this module the student should have undertaken the following:				
	<table border="1"> <tr> <td>Module Code: SPOR09056</td> <td>Module Title: Sport Research and Evaluation</td> </tr> <tr> <td>Other:</td> <td></td> </tr> </table>	Module Code: SPOR09056	Module Title: Sport Research and Evaluation	Other:	
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Other:					
Co-requisites	<table border="1"> <tr> <td>Module Code:</td> <td>Module Title:</td> </tr> </table>	Module Code:	Module Title:		
Module Code:	Module Title:				

*Indicates that module descriptor is not published.

Learning and Teaching	
<p>In line with current learning and teaching principles, a 20-credit module includes 200 learning hours, normally including a minimum of 36 contact hours and maximum of 48 contact hours.</p>	
<p>Learning Activities During completion of this module, the learning activities undertaken to achieve the module learning outcomes are stated below:</p>	<p>Student Learning Hours (Normally totalling 200 hours): (Note: Learning hours include both contact hours</p>

	and hours spent on other learning activities)
Asynchronous Class Activity	16
Tutorial/Synchronous Support Activity	18
Personal Development Plan	10
Independent Study	356
	400 Hours Total

****Indicative Resources: (eg. Core text, journals, internet access)**

The following materials form essential underpinning for the module content and ultimately for the learning outcomes:

Armstrong, L.E. and Kraemer, W.J. (Ed's). (2015). ACSM's Research Methods. Baltimore: Lippincott Williams and Wilkins.

Bird, S.R. (Ed). (2019). Research Methods in Physical Activity and Health. 1st edn. New York, Routledge. (e-book).

Bishop, P.A. (2019). Measurement and evaluation in physical activity applications: exercise science, physical education, coaching, athletic training, and health. 2nd edn. New York, Routledge. (e-book).

Bryman, A. (2016) Social Research Methods. 5th edn. Oxford: Oxford University Press. Field, A (2013) Discovering Statistics using SPSS. 4th edn. Los Angeles: Sage.

Nelson, L., Groom, R. & Potrac, P. (2014) Research Methods in Sport Coaching. Oxon: Routledge.

Smith, B. & Sparkes, A. (2016) Routledge Handbook of Qualitative Research in Sport and Exercise. Oxon: Routledge.

<https://www.jamovi.org> (2021) (Accessed: 20 January 2021).

<http://www.prisma-statement.org> (2021) (Accessed: 20 January 2021).

<http://www.consort-statement.org/> (2021) (Accessed: 15 March 2021).

<https://training.cochrane.org/handbook> (2021) (Accessed: 15 March 2021).

(*N.B. Although reading lists should include current publications, students are advised (particularly for material marked with an asterisk*) to wait until the start of session for confirmation of the most up-to-date material)

Attendance and Engagement Requirements

In line with the [Student Attendance and Engagement Procedure](#): Students are academically engaged if they are regularly attending and participating in timetabled on-campus and online teaching sessions, asynchronous online learning activities,

course-related learning resources, and complete assessments and submit these on time.

Attendance at synchronous module tutorials and supervisor meetings/tutorials, completion of asynchronous activities, and submission of assessments to meet the learning outcomes of the module.

Equality and Diversity

The University's Equality, Diversity and Human Rights Procedure can be accessed at the following link: [UWS Equality, Diversity and Human Rights Code](#).

In line with current legislation (Equality Act, 2010) and the UWS Equality, Diversity, and Human Rights Code, our modules are accessible and inclusive, with reasonable adjustment for different needs where appropriate. Module materials comply with University guidance on inclusive learning and teaching, and specialist assistive equipment, support provision and adjustment to assessment practice will be made in accordance with UWS policy and regulations. Where modules require practical learning or assessment, alternative formats and/or roles will be provided for students with physical disabilities which impact participation.

(N.B. Every effort will be made by the University to accommodate any equality and diversity issues brought to the attention of the School)

Supplemental Information

Divisional Programme Board	Sport, Exercise and Health
Assessment Results (Pass/Fail)	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>
School Assessment Board	Sport, Exercise and Health
Moderator	Dave Grant
External Examiner	E Bradley
Accreditation Details	n/a
Changes/Version Number	1.02

Assessment: (also refer to Assessment Outcomes Grids below)

The assessment will require students to complete a written dissertation and a presentation.

Assessment 1 – Dissertation

Assessment 2 – Presentation

(N.B. (i) **Assessment Outcomes Grids** for the module (one for each component) can be found below which clearly demonstrate how the learning outcomes of the module will be assessed.

(ii) An **indicative schedule** listing approximate times within the academic calendar when assessment is likely to feature will be provided within the Student Module Handbook.)

Assessment Outcome Grids (See Guidance Note)

Component 1							
Assessment Type (Footnote B.)	Learning Outcome (1)	Learning Outcome (2)	Learning Outcome (3)	Learning Outcome (4)	Learning Outcome (5)	Weighting (%) of Assessment Element	Timetabled Contact Hours
Dissertation/ Project report/ Thesis	✓	✓	✓	✓		70	0

Component 2							
Assessment Type (Footnote B.)	Learning Outcome (1)	Learning Outcome (2)	Learning Outcome (3)	Learning Outcome (4)	Learning Outcome (5)	Weighting (%) of Assessment Element	Timetabled Contact Hours
Presentation					✓	30	0
Combined Total for All Components						100%	0 hours